Welcome to the 2026-2027 Sole Expressions dance season!

To register, please mail in your registration packet and $20.00 per dancer registration fee (includes t-shirt).

Our address is:
Sole Expressions Dance Studio
1201 N Main St
Suite 8
Viroqua, WI 54665

-Or-

Drop off your registration packet and $20.00 per dancer registration fee (includes t-shirt) at the studio.

*Returning families July 14th from 5:00-7:00 pm
*New families July 15th from 5:00-7:00 pm

Returning families will have their registrations processed first in the order they are received. You are considered returning if you were registered for the 2025-2026 dance season. New families will follow in the order they are received.

A complete registration packet should include:
-registration form (below)
-class schedule (below)
-waiver and release from liability form (below)
-policy, photo, and video form (below)
-EFT form (below)
-$20.00 registration fee per dancer (includes t-shirt)

If you aren't sure what classes to register for, please use the table below.

We have also included how to sign up for Remind. This is our main form of communication. Please take the time to sign up and download the app. **Dancers with phones are encouraged to do this as well.**

We will also use Remind to set up shoe sizing nights later this summer. This is also a great time for new families to ask about dance class attire.

Policies are on the website. For a full list of policies, use this link Sole Expressions Dance Studio - Policies.

*****This page does not need to be saved or mailed in with your registration*****

Registration Form – Sole Expressions Dance Studio

Participants Name	Age	Birthdate	T-Shirt Size (please circle)
1.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
2.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
3.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
4.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
Please indicate any additional t-shirts you would like to order here and include $14 per t-shirt. The $20 registration fee per dancer includes a t-shirt for each dancer.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL

Guardian Name_____ Relationship_____

Address_____ City_____ Zip_____

Phone numbers
Home_____ Cell_____ Work_____

Active email address_____

Emergency contact(s)

Name(s)_____ Relationship_____

Phone numbers
Home_____ Cell_____ Work_____

Name(s)_____ Relationship_____

Phone numbers
Home_____ Cell_____ Work_____

Additional Information. Please list any medical conditions or medications your child is taking that we should be aware of for their continuing safety.

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Please use the tables below if you aren't sure what level to sign up for.

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Levels by Age/Grade

Pre Ballet	Ages 3 and 4 (by Sept. 1st) potty trained
Intro to Ballet, Jazz and Tap	Ages 5 and 6 (by Sept. 1st) potty trained
Intermediate Ballet, Jazz and Tap 1	Age 7 (by Sept. 1st) or 2nd Grade
Intermediate Ballet, Jazz and Tap 2	Age 8 (by Sept. 1st) or 3rd Grade
Level 1 Ballet, Jazz, Tap and Hip Hop	Age 9 (by Sept. 1st) or 4th Grade
-Level 2 Ballet, Jazz, Tap, and Hip Hop	Age 10 (by Sept. 1st) or 5th Grade
-Level 3 Ballet, Jazz, Tap, and Hip Hop -Lyrical/Contemporary (must also be enrolled in ballet)	Age 11 (by Sept. 1st) or 6th Grade
-Level 4 Ballet, Jazz, Tap, Hip Hop, and Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet)	Age 12 (by Sept. 1st) or 7th Grade

Levels by Teacher Recommendation Last year's level 4 dancers should register for level 5. Last year's level 5 dancers should register for level 6. Last year's level 6 through 8 should register for the level they were in last year. We will adjust/move students as necessary. Wednesday ballet and jazz are a 6/7 and dancers will be divided up to accommodate class and room size. Times may change but regardless classes will remain on Wednesday for these levels.

-Level 5 Ballet, Jazz, Tap, Hip Hop, and Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes)
-Level 6 Ballet, Jazz, Tap, Hip Hop, Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes) -Pointe II (must have earned pointe shoes and danced in them in the recital last spring)
-Level 7 Ballet, Jazz, Tap, Hip Hop, Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes) -Pointe II (must have earned pointe shoes and danced in them in the recital last spring)
-Level 8 Ballet, Jazz, Tap, Hip Hop, Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes) -Pointe II (must have earned pointe shoes and danced in them in the recital last spring)

Please write the child's name next to the class(es) they would like to register for.

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Monday				
4:00-4:30 Tap 3/4 - KB				
4:30-5:00 Lyrical 3/4 - KB				
5:00-5:30 Hip Hop 3 - KB		5:00-5:30 Hip Hop 4 - MJ		
5:30-6:15 Ballet 3 - KB		5:30-6:15 Ballet 4 - MJ		
6:15-6:45 Jazz 3 - KB		6:15-6:45 Jazz 4 - MJ		
6:45-7:15 Improv 4/5 (must also be enrolled in ballet) - GB		6:45-7:30 Lyrical/Contemporary 7/8 (must also be enrolled in ballet) - MJ		
7:15-8:00 Lyrical/Contemporary 5 (must also be enrolled in ballet) - GB		7:30-8:00 Improv 6-8 (tappers and returning level 7) - MJ		
8:00-8:45 Ballet 8 - HH		8:00-8:45 Lyrical/Contemporary 6 (must also be enrolled in ballet) - MJ		
8:45-9:15 Tap 6-8 - HH		8:45-9:15 Improv 6-8 (non tappers and level 6 and 8) - MJ		
Tuesday				
Kris/Bekah				
4:00-4:30 Pre Ballet				
4:30-5:00 Intro to Ballet				
5:00-5:30 Intro to Jazz				
5:30-6:00 Intro to Tap				
Wednesday				
Martie		**Alani**		**Heidi**
3:45-4:15 Jazz 5				
4:15-5:00 Ballet 5				
5:00-5:30 Hip Hop 5				
5:30-6:00 Tap 5				
6:00-6:30 Pre Pointe				6:00-6:30 Pointe 1
6:30-7:00 Jazz 6/7				6:30-7:00 Jazz 6/7
7:00-7:45 Ballet 6/7 FULL				7:00-7:45 Ballet 6/7 FULL
7:45-8:15 Hip Hop 6				7:45-8:15 Pointe 2
		8:15-8:45 Hip Hop 7		8:15-8:45 Jazz 8
		8:45-9:15 Hip Hop 8		
Thursday				
Vivian		**Kelsey**		
4:00-4:30 Intermediate Tap				
		4:30-5:00 Intermediate Ballet		
5:00-5:30 Pre Ballet NEW SECTION		5:00-5:30 Intermediate Jazz		
5:30-6:00 Tap 1/2		5:30-6:00 Pre Ballet		
6:00-6:45 Ballet 1		6:00-6:45 Ballet 2		
6:45-7:15 Jazz 1		6:45-7:15 Jazz 2		

7:15-7:45 Hip Hop 1		7:15-7:45 Hip Hop 2

Tuition will be charged in 8 payments, by EFT, on the 15th of each month (Sept-April)
30 minute class- $36.00 / 45 minute class- $54.00
***Highest priced class is full price, all others ½ price for individual students and/or family.**
*A $5.00 video link charge will be added to each month's tuition to prepay for links to all of the recitals.
*A $20.00 registration fee (per child) is required for registration.

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Agreement to Follow Policies Form

I/We agree to read and follow the facility policies including prompt payment and understand the curriculum of Sole Expressions Dance Studio Cooperative. I/We take full responsibility for my/our behavior in addition to any damage I/we may cause to the facilities utilized by Sole Expressions Dance Studio Cooperative. The policies can be found on our site at www.soleexpressions.org on the studio policies tab. A hard copy can also be obtained at the studio.

My signature is proof of my intention to execute a complete and unconditional agreement as to all terms and conditions contained above. I am of lawful age and competent to sign this affirmation.

I HAVE FULLY INFORMED MYSELF AS TO THE CONTENTS OF THIS RELEASE AND HAVE READ THE SAME PRIOR TO SIGNING.

Signature of Parent or
Guardian:_____ Date:_____

Dancer's Name:_____

Photo and Video Release Form

I authorize and agree that Sole Expressions Dance Studio Cooperative, KLS Photography, and Artistic Video Productions may take and use **photographs** or **videos** of myself or my child as needed for its record keeping, advertising, social media and/or public relations projects and that I have no rights to the same and will not be compensated for the same.

My signature is proof of my intention to execute a complete and unconditional waiver and release of all liability pursuant to the terms herein, and agreement as to all terms and conditions contained above. I am of lawful age and competent to sign this affirmation.

I HAVE FULLY INFORMED MYSELF AS TO THE CONTENTS OF THIS RELEASE AND HAVE READ THE SAME PRIOR TO SIGNING.

Signature of Parent or
Guardian:_____ Date:_____

Dancer's Name:_____

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WAIVER AND RELEASE OF LIABILITY

I, _____ [print your name] have chosen to have my child(ren)

_____ [print child's name],

_____ [print child's name],

_____ [print child's name],

participate in dance instruction given by Sole Expressions Dance Studio Cooperative and agree as follows:

I am aware of the risks inherent in dancing. Injuries might result from direct trauma, or overuse, of feet, ankles, lower legs, low back, hip, and neck. Injuries might include stress fractures, tendon injuries, meniscus tear of the knee, sprains and strains. Additionally, slips and falls on a hard floor may cause injuries to the face including broken teeth.

I am aware of the risk that these and other injuries might be caused by the negligence of teachers and staff members of Sole Expressions Dance Studio Cooperative.

I acknowledge and am aware of the contagious nature of COVID-19 and voluntarily assume the risk that we may be exposed to or infected by COVID-19 by participation. This exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 while at Sole Expressions Dance Studio Cooperative may result from the actions, omissions, or negligence of ourselves and others, including, but not limited to Sole Expression Dance Studio Cooperative employees, volunteers, and program participants and their families.

I, on behalf of myself and my child(ren), hereby release, waive and discharge Sole Expressions Dance Studio Cooperative, its teachers and staff members, from liability for negligence causing personal injury, death, or property damage to my child while participating in dance instruction including events held outside the studio.

I have considered that without this waiver of liability, the cost for my child's/children's use of the facility and participation in the dance class would be considerably higher and as I do not wish to pay a considerably higher cost, I waive the right to bargain for different waiver of liability terms. I freely choose to sign this release and pay the fee to enroll my child(ren) in the dance class.

Signature of Parent or Guardian:

_____ Date: _____

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We use Remind as our main source of communication. If you haven't signed up in the past, please do so. Dancers are invited to also sign up. Remember to download the app to receive communications. Please keep this page for your reference.

Use either

Remind Link

Or

Enter this number
81010

Text this message
@9k2k4h

*****This page does not need to be saved or mailed in with your registration*****
*****Please use the above to sign up and download the app*****

PREAUTHORIZED PAYMENT AUTHORIZATION

AUTHORIZATION AGREEMENT FOR AUTOMATIC PAYMENTS (ACH DEBITS)

COMPANY NAME: Sole Expressions Dance Studio Cooperative

I hereby authorize COMPANY (named above) to initiate debit entries to my account listed below for the amount due on the 15th (date) of each month beginning on _____/_____/20____ ____.

Financial Institution	Routing/ABA Number *	Account Number	Type of Account
_____ Location: _____			▫ Checking ▫ Savings

The authority is to remain in full force until COMPANY and Financial Institution has received written notification from customer of its termination in such timely manner as to afford COMPANY and Financial Institution a reasonable opportunity to act on it.

Name: _____

Signature: _____ Date: _____

Please attach a voided check here to insure proper debit to your account

*Nine-digit number that appears on the bottom of a check

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