

## Welcome to the 2024-2025 Sole Expressions dance season!

To register, please mail in your registration packet and \$20.00 per dancer registration fee (includes t-shirt).

Our address is:

Sole Expressions Dance Studio  
1201 N Main St  
Suite 8  
Viroqua, WI 54665

-Or-

Drop off your registration packet and \$20.00 per dancer registration fee (includes t-shirt) at the studio.

\*Returning families July 22nd from 5:00-7:00 pm

\*New families July 24th from 4:00-7:00 pm

Returning families will have their registrations processed first in the order they are received. You are considered returning if you were registered for the 2023-2024 dance season. New families will follow in the order they are received.

A complete registration packet should include:

- registration form (below)
- class schedule (below)
- waiver and release from liability form (below)
- policy, photo, and video form (below)
- EFT form (below)
- \$20.00 registration fee per dancer (includes t-shirt)

If you aren't sure what classes to register for, please use the table below.

We have also included 3 ways to sign up for Remind. This is our main form of communication. Please take the time to sign up. **Dancers with phones are encouraged to do this as well.**

The last page of the document is the schedule for the year. Please keep this for your reference.

Policies are on the website. **UPDATED POLICY July 2023: Dancers in hip hop will need Revolution brand hip hop sneakers for our spring recital. Cost is \$35.00.** We will place group orders throughout the year. For a full list of policies, use this link [Sole Expressions Dance Studio - Policies](#).

\*\*\*This page does not need to be saved or mailed in with your registration\*\*\*

## *Registration Form - Sole Expressions Dance Studio*

Participants Name	Age	Birthdate	T-Shirt Size (please circle)
1.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
2.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
3.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
4.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL
Please indicate any additional t-shirts you would like to order here and include \$14 per t-shirt. The \$20 registration fee per dancer includes a t-shirt for each dancer.			Youth XS S M L XL Ladies Fitted Cut XS S M L XL Adult/Mens Cut XS S M L XL XXL

**Guardian Name** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone numbers**

Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

**Active email address** \_\_\_\_\_

### **Emergency contact(s)**

**Name(s)** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Phone numbers**

Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

**Name(s)** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Phone numbers**

Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

**Additional Information.** Please list any medical conditions or medications your child is taking that we should be aware of for their continuing safety.

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Please use the tables below if you aren't sure what level to sign up for.

#### Levels by Age/Grade

Pre Ballet	Ages 3 and 4 (by Sept. 1st) potty trained
Intro to Ballet, Jazz and Tap	Ages 5 and 6 (by Sept. 1st) potty trained
Intermediate Ballet, Jazz and Tap	Age 7 & 8 (by Sept. 1st) or 2nd and 3rd Grade
Level 1 Ballet, Jazz, Tap and Hip Hop	Age 9 (by Sept. 1st) or 4th Grade
Level 2 Ballet, Jazz, Tap, Hip Hop, and <b>NEW</b> Stretch and Strengthen (Monday night)	Age 10 (by Sept. 1st) or 5th Grade
Level 3 Ballet, Jazz, Tap, Hip Hop, and <b>NEW</b> Stretch and Strengthen (Monday night)	Age 11 (by Sept. 1st) or 6th Grade
Boys Only Hip Hop <b>NEW</b>	Age 9-12 (by Sept. 1st)

**Levels by Teacher Recommendation** - Please register for the same level as last year. Last year's level 3 dancers should register for level 4.

We will adjust/move students as necessary. Due to a low number of graduating seniors, we may need to add a level to Wednesday night. This will be determined by the number of registrations. Times may change but regardless classes will remain on Wednesday for these levels.

-Level 4 Ballet, Jazz, Tap, Hip Hop, and Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Stretch and Strengthen (Monday night)
-Level 5 Ballet, Jazz, Tap, Hip Hop, and Improv -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes and danced in them in the spring) -Stretch and Strengthen (Monday night)
-Level 6 Ballet, Jazz, Tap, Hip Hop, Improv, Stretch and Strengthen (Wednesday night) -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes and danced in them in the spring)
-Level 7 Ballet, Jazz, Tap, Hip Hop, Improv, and Stretch and Strengthen (Wednesday night) -Lyrical/Contemporary (must also be enrolled in ballet) -Pre-pointe (must also be enrolled in ballet) -Pointe I (must have earned pointe shoes and danced in them in the spring)

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Please write the child's name next to the class(es) they would like to register for.

<b>Monday</b>		
Mackenzie		Melissa
4:00-4:30 Boys Only Hip Hop <b>NEW</b>		
4:30-5:00 Tap 2/3		
5:00-5:30 Hip Hop 2		5:00-5:30 Hip Hop 3
5:30-6:15 Ballet 2		5:30-6:15 Ballet 3
6:15-6:45 Jazz 2		6:15-6:45 Jazz 3
		6:45-7:15 Stretch and Strengthen (level 2-5) <b>NEW</b>
		7:15-8:00 Lyrical/Contemporary (levels 4-5, must also be enrolled in ballet)
		8:00-8:30 Improv (levels 4-7)
		8:30-9:15 Lyrical/Contemporary (levels 6-7, must also be enrolled in ballet)
<b>Tuesday</b>		
Kris and Bekah		
4:00-4:30 Intro to Tap		
4:30-5:00 Intro to Ballet		
5:00-5:30 Intro to Jazz		
5:30-6:00 Pre Ballet		
<b>Wednesday</b>		
Heidi		Kris
4:00-4:30 Jazz 5		4:00-4:30 Jazz 4
4:30-5:15 Ballet 5		4:30-5:15 Ballet 4
5:15-5:45 Hip Hop 5		5:15-5:45 Hip Hop 4
5:45-6:15 Tap 4/5		5:45-6:15 Stretch and Strengthen (levels 6-7)
6:15-6:45 Pointe I (Must also be enrolled in ballet and have earned pointe shoes.)		6:15-6:45 Pre-Pointe (levels 4-7, must also be enrolled in ballet)
6:45-7:30 Ballet 7		6:45-7:30 Ballet 6
7:30-8:00 Jazz 7		7:30-8:00 Jazz 6
8:00-8:30 Hip Hop 6		8:00-8:30 Hip Hop 7
8:30-9:00 Tap 6/7		
<b>Thursday</b>		
Vivian		Kelsey
4:00-4:30 Tap 1		4:15-4:45 Pre-Ballet
4:30-5:15 Intermediate Ballet		4:45-5:30 Ballet1
5:15-5:45 Intermediate Jazz		5:30-6:00 Jazz 1
5:45-6:15 Intermediate Tap		6:00-6:30 Hip Hop 1

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<b><i>*Tuition will be charged in 8 payments, by EFT, on the 15<sup>th</sup> of each month (Sept-April)</i></b>
<b>30 minute class- \$36.00 / 45 minute class- \$54.00</b>
<b>*Highest priced class is full price, all others ½ price for individual students and/or family.</b>
*A \$5.00 video link charge will be added to each month's tuition to prepay for links to all of the recitals.
*A \$20.00 registration fee (per child) is required for registration.

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### **Agreement to Follow Policies Form**

I/We agree to read and follow the facility policies including prompt payment and understand the curriculum of Sole Expressions Dance Studio Cooperative. I/We take full responsibility for my/our behavior in addition to any damage I/we may cause to the facilities utilized by Sole Expressions Dance Studio Cooperative. The policies can be found on our site at [www.soleexpressions.org](http://www.soleexpressions.org) on the studio policies tab. A hard copy can also be obtained at the studio.

My signature is proof of my intention to execute a complete and unconditional agreement as to all terms and conditions contained above. I am of lawful age and competent to sign this affirmation.

I HAVE FULLY INFORMED MYSELF AS TO THE CONTENTS OF THIS RELEASE AND HAVE READ THE SAME PRIOR TO SIGNING.

Signature of Parent or  
Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Dancer's Name: \_\_\_\_\_

### **Photo and Video Release Form**

I authorize and agree that Sole Expressions Dance Studio Cooperative, KLS Photography, and Artistic Video Productions may take and use **photographs** or **videos** of myself or my child as needed for its record keeping, advertising, social media and/or public relations projects and that I have no rights to the same and will not be compensated for the same.

My signature is proof of my intention to execute a complete and unconditional waiver and release of all liability pursuant to the terms herein, and agreement as to all terms and conditions contained above. I am of lawful age and competent to sign this affirmation.

I HAVE FULLY INFORMED MYSELF AS TO THE CONTENTS OF THIS RELEASE AND HAVE READ THE SAME PRIOR TO SIGNING.

Signature of Parent or  
Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Dancer's Name: \_\_\_\_\_

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## WAIVER AND RELEASE OF LIABILITY

I, \_\_\_\_\_ [print your name] have chosen to have my child(ren)

\_\_\_\_\_ [print child's name],

\_\_\_\_\_ [print child's name],

\_\_\_\_\_ [print child's name],

participate in dance instruction given by Sole Expressions Dance Studio Cooperative and agree as follows:

I am aware of the risks inherent in dancing. Injuries might result from direct trauma, or overuse, of feet, ankles, lower legs, low back, hip, and neck. Injuries might include stress fractures, tendon injuries, meniscus tear of the knee, sprains and strains. Additionally, slips and falls on a hard floor may cause injuries to the face including broken teeth.

I am aware of the risk that these and other injuries might be caused by the negligence of teachers and staff members of Sole Expressions Dance Studio Cooperative.

I acknowledge and am aware of the contagious nature of COVID-19 and voluntarily assume the risk that we may be exposed to or infected by COVID-19 by participation. This exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 while at Sole Expressions Dance Studio Cooperative may result from the actions, omissions, or negligence of ourselves and others, including, but not limited to Sole Expression Dance Studio Cooperative employees, volunteers, and program participants and their families.

I, on behalf of myself and my child(ren), hereby release, waive and discharge Sole Expressions Dance Studio Cooperative, its teachers and staff members, from liability for negligence causing personal injury, death, or property damage to my child while participating in dance instruction including events held outside the studio.

I have considered that without this waiver of liability, the cost for my child's/children's use of the facility and participation in the dance class would be considerably higher and as I do not wish to pay a considerably higher cost, I waive the right to bargain for different waiver of liability terms. I freely choose to sign this release and pay the fee to enroll my child(ren) in the dance class.

Signature of Parent or Guardian:

\_\_\_\_\_ Date: \_\_\_\_\_

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We use Remind as our main source of communication. If you haven't signed up in the past, please do so by using the text, website, or QR code. Dancers are invited to also sign up. Please keep this page for your reference. This document does not need to be returned.

#### TEXT

Text @solee to the number 81010

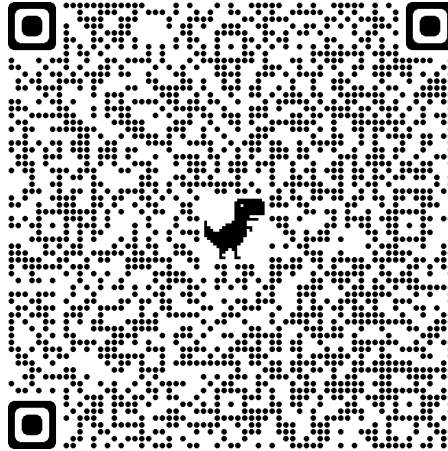
They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @solee to (469) 518-2771.

#### WEBSITE

<https://www.remind.com/join/solee>

#### QR CODE



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\*\*\*Please use the above to sign up\*\*\*



## PRE AUTHORIZED PAYMENT AUTHORIZATION

### AUTHORIZATION AGREEMENT FOR AUTOMATIC PAYMENTS (ACH DEBITS)

COMPANY NAME: Sole Expressions Dance Studio Cooperative

I hereby authorize COMPANY (named above) to initiate debit entries to my account listed below.

Financial Institution	Routing/ABA Number*	Account Number	Type of Account
Name:			Checking
Location:			Savings

The authority is to remain in full force until COMPANY and Financial Institution has received written notification from customer of its termination in such timely manner as to afford COMPANY and Financial Institution a reasonable opportunity to act on it.

Name: \_\_\_\_\_ ID Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please attach a voided check here to insure proper debit to your account

\*Nine-digit number that appears on the bottom of a check, ID number does not need to be filled out

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# 2024-2025 Sole Expressions Dance Studio Calendar

\*\*This page does not need to be mailed in with your registration. Save for reference\*\*

## July

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Returning student registration  
New student registration

## January

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

No class- New Year's break  
Picture week at the studio

## August

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## February

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## September

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

First ACH – September 16th  
First week of classes

## March

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Snow make up week (see policies)  
(no class if a makeup is not needed)

## October

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Final drop date  
Costume measurement  
No class-costume ordering week

## April

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Rehearsals/Recitals  
No class- Easter/Spring break  
Last week of class

## November

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

No class- Thanksgiving break

## May

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## December

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

No class- Christmas break

## June

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

